FIERCE MOUTHGUARDSTM





Level	Specs	Recommendations
1	3.0mm with one layer	Designed specifically for children with mixed dentition
2	3.0mm with two layers	Perfect for wrestling, volleyball, mountain biking and motocross
3	3.5mm with two soft and one hard layer	Specially designed to provide maximum comfort and protection for all sports
4	5.0mm with 2 layers	ldeal for soccer, rugby, basketball, softball, rollerblading and skateboarding
5	5.0mm with two layers and special power bands	Designed for baseball, football, racquetball, martial arts and boxing
6	5.0mm with 2 soft and one hard layer	Fabricated for ice, field and street hockey along with kick-boxing & other heavy contact sports

DOCTOR:	OFFICE:
ADDRESS:	PHONE #:
	WEBSITE:







Currently, the ADA recommends mouthguards for the following sports:

- Football
- Martial Arts
- Volleyball
- Basketball
- Gymnastics
- Racquetball
- Skydiving
- Water Polo
- Surfing
- Boxing
- Soccer
- Weight Lifting
- Ice Hockey
- Wrestling
- Field Hockey
- Lacrosse
- Skateboarding

INDICATIONS / CONTRAINDICATIONS

Indicated for patients who need protection during sports activity. It is ideal for those who have an orthodontic situation, such as braces, and must wear a mouthguard for preventative measures.

Do not prescribe in lieu of nightguards or TMJ splints.

PREPARATION

Start with an accurate bite registration and void-free impression using a custom tray.

TECHNICAL NOTES

Upper and lower models are needed, including a bite registration of 3 mm thickness at a rest position. To get the most accurate oral fit, an opposing model and bite is necessary. Without an opposing, the doctor may need to do adjustments and there will be no cuspid indentation.

Ensure an accurate impression of all soft and hard tissue areas, especially the vestibule and peripheral areas. Capturing the vestibule areas is critical as this helps with proper retention and protection.

If a mouthguard is made for a patient with orthodontic brackets, the arch wire must be removed to allow for accurate impression or the brackets and wire can be blocked out prior to fabrication.

ADA CODES

D9941 Fabrication of Athletic Mouthguards

COLOR CHOICES

